

Evidence-Based Practice: A Nursing Cost Management Tool

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ABSTRACT

Evidence-based practice (EBP) for nursing shows hospital management the monetary value of existing research using Meta-analysis. The nursing shortage can be reduced if unnecessary non-value added traditional practices contraindicated by research are eliminated thus adding value to patient outcomes. Projects apply EBP to specific areas, such as fall prevention, ventilator sedation, and bereavement improvement for end of life issues. Costs associated with these programs lead to better patient care, public awareness and lower costs through value added.