

AN EXAMINATION INTO STANDARDIZED PHYSICAL FITNESS ASSESSMENTS ACROSS AIR FORCE SPECIALTY CODES

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ABSTRACT

It is well known that performance measurement leads an organization. One of the individual performance assessments is a physical fitness test in the military. The physical fitness test in the United States Air Force includes three measures such as sit-ups, push-ups, and running. An outcome can be excellent, satisfactory, or unsatisfactory. We compare fitness test results among three distinctive groups of Air Force Specialty Codes (AFSC) such as medical, security forces, and personnel specialties. Based on insights from the results, we propose improvement directions within the total quality management perspective.

Keyword: performance assessment; fitness; total quality management