

MENTORSHIP IS A CONTACT SPORT: SERVING MENTORS AND STUDENTS

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ABSTRACT

Experimental learning through mentorship can be critical to students' post-academic success. The high-impact practice of mentorship has outcomes that benefit both the mentor and mentee. In this presentation, we discuss the creation and implementation of a mentorship program that not only improves the career-readiness skills of students but seeks to build professional development skills in the mentor, providing regular feedback to both mentors and students. Using a combination of hybrid activities, mentors and students have interactions that create opportunities for social-emotional learning and application to industry, where students become less anxious and uncomfortable with their first positions post-graduation.

Keywords: mentorship, social-emotional learning, career-readiness